

## THE ROLE AND SIGNIFICANCE OF THE SCIENCE OF PROFESSIONAL PSYCHOLOGY IN THE TRAINING OF A SPECIALIST

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**Annotation:** This article provides scientific information on the work that should be done on applying professional psychology in the field, showing results, communicating with young people, guiding them to choose the right profession and improving their qualifications.

**Key words:** Professional psychology, youth, training manuals, exhibitions, expert, psychological test, observation, practical skills.

**Аннотация:** В данной статье представлена научная информация о работе, которую необходимо провести по применению профессиональной психологии в полевых условиях, показу результатов, общению с молодежью, ориентации ее на правильный выбор профессии, повышению ее квалификации.

**Ключевые слова:** Профессиональная психология, молодежь, учебные пособия, выставки, эксперт, психологический тест, наблюдение, практические навыки

**Introduction:** Currently, there is a strong interest and focus in the field of psychology among young people. At the same time, the development of the field of Professional Psychology, one of the branches of psychology, has also been one of the important tasks. So Professional Psychology is a Scientific Applied Science that studies the laws of general psychology and develops recommendations to improve the effectiveness of this activity.

During the study of professional psychology, specialists also achieve a wide study of the problems that arise in labor communities, the treatment in labor communities, the general laws and methods of psychology. On the basis of these skills, the student youth is given the right direction, through which a practical skill is created for the development of this area.

Through the development of the science of Professional Psychology, we can train qualified specialists who realize social progress and bring them to the level of the world standard, achieve the future level, educated and the formation of self-sacrifice of their profession. To do this, it is necessary to carefully prepare students for independent working conditions, improve their pedagogical skills and level of knowledge.

To apply Professional Psychology in the field, I believe that it is necessary first of all to provide manuals on professions, disseminated materials and give the right skills to young people who are on the verge of choosing a profession through various psychological tests, observations,

explaining the suitable profession for them through this field. Since the subject of Professional Psychology mainly comes from the 1st year, its main essence is to formulate the ability to deliver young people to students-young people with a thorough study of their chosen professions and explain the work that needs to be done in order to become a mature specialist in their profession.

To apply this science in the field, it is necessary to carry out such works as communicating with more young people, defining their professional purpose, sharing various motivations for them, explaining what awaits them in the future if they take this field deeply.

**Conclusion:** nowadays, a solution is found by getting things right in the field of career choice, consciously entering and shaping the choice of profession, overcoming professional crisis situations and relationships, and of course studying the science of Professional Psychology. Because in a person, in addition to the physical side, he also needs the psychic side more, and this makes up a certain part of his life.

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