

THE THEORETICAL AND METHODOLOGICAL FOUNDATIONS OF FORMING MEDIA COMPETENCE IN STUDENTS IN PROFESSIONAL EDUCATION**Alimov Zokir Chori ugli**

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Abstract: This article examines the theoretical and methodological foundations of forming media competence in students within the system of professional education. In the context of rapid digitalization, global information exchange, and the growing impact of mass media on social consciousness, media competence has become one of the key components of professional and personal development. The study analyzes the essence of the concept of media competence, its structural components, pedagogical significance, and its place in the professional training of future specialists. Special attention is paid to methodological approaches, including competence-based, activity-based, personality-oriented, and integrative approaches. The article also identifies the pedagogical conditions, didactic principles, and effective teaching methods necessary for developing students' ability to critically analyze, interpret, create, and ethically use media content. The findings show that the systematic integration of media education into professional training contributes to students' critical thinking, information culture, communication skills, and readiness for independent decision-making in modern society. The article proposes practical recommendations for improving the process of developing media competence in professional education institutions.

Keywords: media competence, professional education, media literacy, digital pedagogy, competence-based approach, information culture, critical thinking, media education, pedagogical technologies, professional training

The modern stage of social development is characterized by a significant increase in the role of information and communication technologies in all spheres of life. The growth of digital resources, social networks, online platforms, and multimedia environments has substantially changed the way people receive, process, and transmit information. Under such conditions, the issue of preparing students for conscious, critical, and productive interaction with media becomes especially urgent. This task is particularly important in the system of professional education, where students must not only master specialized knowledge and practical skills, but also develop the ability to navigate a complex media space.

Media today functions not only as a source of information, but also as a powerful instrument influencing public opinion, behavior, values, and professional communication. Therefore, students in professional education institutions need to acquire media competence as a necessary component of their professional readiness. A future specialist should be capable of critically evaluating information, distinguishing reliable sources from manipulative content, using digital tools effectively, and creating media products in accordance with ethical and professional standards.

The relevance of this research is determined by several factors. First, the rapid development of information technologies has increased the volume and accessibility of media content, which requires new forms of educational work. Second, students are active participants in the digital information environment, but they do not always possess the skills needed for critical media analysis. Third, the labor market increasingly demands specialists who can communicate effectively in digital and media environments. Consequently, the formation of media competence becomes an important pedagogical task in professional education.

This article aims to reveal the theoretical and methodological foundations of forming media competence in students in professional education and to identify effective pedagogical conditions and methods for its development.

Literature Review

The concept of media competence is closely related to the notions of media literacy, information literacy, digital literacy, and communicative competence. In pedagogical research, media competence is generally understood as an integrative quality of personality that includes knowledge, skills, attitudes, and values necessary for effective interaction with media texts and media technologies.

Many scholars emphasize that media competence is not limited to technical skills in using digital devices. It also includes the ability to analyze media messages critically, understand the social and cultural context of media production, recognize ideological and commercial influences, and create one's own media content responsibly. Therefore, media competence has a multidimensional structure and requires interdisciplinary pedagogical support.

Theoretical studies in the field of media education show that the formation of media competence should be based on humanistic, democratic, and learner-centered principles. Media education is viewed not only as a means of protecting students from harmful information but also as a way of developing their intellectual independence, critical thinking, creativity, and civic responsibility.

Researchers of professional education note that the integration of media education into vocational and higher professional training contributes to the quality of specialist preparation. It broadens students' worldview, increases their adaptability, improves their communication culture, and strengthens their ability to make reasoned decisions in professional situations. In this regard, media competence should be considered one of the key outcomes of modern education.

Research Methodology

The methodological basis of the study includes a combination of theoretical and analytical methods. The research relies on the analysis of pedagogical, psychological, and methodological literature related to media competence, media education, and professional training. Comparative analysis, generalization of scientific approaches, and synthesis of conceptual ideas were used to clarify the nature and structure of media competence and to determine the pedagogical mechanisms of its formation.

The research is grounded in several methodological approaches:

The competence-based approach considers education as a process aimed at forming integrated competencies that ensure effective performance in real-life and professional contexts. Within this framework, media competence is viewed as an essential professional and social competency.

The activity-based approach focuses on the active involvement of students in various forms of media-related activity. According to this approach, media competence develops through practical engagement in media analysis, content creation, online communication, and project work.

The personality-oriented approach emphasizes the individuality of each student, their interests, needs, motivations, and cognitive characteristics. This approach is important because

media competence formation requires not only external instruction but also internal motivation and reflective thinking.

The integrative approach highlights the need to combine media education with professional disciplines, communication training, information technologies, and general cultural development. This ensures that media competence is not formed in isolation but becomes part of the overall educational process.

Results and Discussion

The essence and structure of media competence

Media competence can be defined as the ability of an individual to consciously, critically, and effectively interact with media in various forms and contexts. It includes several interconnected components.

The cognitive component involves knowledge about media types, media language, communication channels, the functioning of media systems, and the principles of information dissemination. Students should understand how media texts are produced, what purposes they serve, and what methods are used to influence audiences.

The analytical component refers to the ability to critically interpret media content, identify hidden meanings, detect bias, distinguish facts from opinions, and evaluate the reliability of sources. This component is especially important in the era of misinformation and digital manipulation.

The practical-operational component includes skills in using digital technologies, searching for information, processing data, creating presentations, editing media products, and participating in online communication. In professional education, these skills are directly related to the future specialist's work.

The axiological component reflects the ethical and value-based aspects of media interaction. It includes respect for intellectual property, adherence to communication ethics, awareness of social responsibility, and the ability to use media for constructive and educational purposes.

The creative component is connected with the ability to produce original media content, express ideas through multimedia formats, and solve educational or professional tasks using modern media tools.

Thus, media competence is an integrative quality that combines knowledge, critical thinking, practical skills, ethics, and creativity.

Pedagogical significance of media competence in professional education

In professional education, media competence has both general cultural and specialized significance. On the one hand, it helps students become informed, critical, and socially active members of society. On the other hand, it supports their professional development by enhancing communication, information management, and digital productivity.

Modern specialists work in environments saturated with information. They are required to interact with online databases, digital communication systems, professional platforms, and media resources. Therefore, insufficient media competence may reduce the effectiveness of professional activity and limit career opportunities.

The pedagogical significance of media competence also lies in its role in developing students' independence. Students who can critically evaluate information are less dependent on superficial or unreliable sources. They become more capable of self-education, professional self-improvement, and lifelong learning. This is particularly important in rapidly changing professional fields.

Methods and forms of forming media competence

The effective formation of media competence requires the use of interactive and student-centered teaching methods. Traditional reproductive forms of teaching are insufficient because media competence develops primarily in active practice.

One of the most effective methods is problem-based learning, where students analyze media situations, discuss controversial information, and solve real or simulated communication problems. This method develops critical thinking and argumentation skills.

Project-based learning is also highly effective. Students may create digital presentations, educational videos, blogs, podcasts, infographics, or social media campaigns related to their professional field. Such projects combine creativity, teamwork, and practical media use.

Case-study technology enables students to examine specific examples of media influence, misinformation, advertising strategies, and ethical dilemmas. Through discussion and reflection, students learn to make balanced judgments.

Interactive discussions and debates help students compare viewpoints, defend their positions, and analyze media messages from different perspectives. This strengthens both analytical and communicative components of media competence.

Digital portfolio creation is another valuable form. It allows students to collect and present their media products, reflect on their development, and demonstrate their competencies in a structured way.

Pedagogical conditions for effective formation

The successful formation of media competence in students depends on several pedagogical conditions.

First, it is necessary to create a media-rich educational environment where students have access to digital tools, multimedia resources, and online educational platforms. Without appropriate infrastructure, the goals of media education cannot be fully achieved.

Second, teachers themselves must possess sufficient media competence. A teacher who is not able to critically use media and digital technologies cannot effectively guide students. Therefore, teacher professional development in this area is essential.

Third, media education should be integrated into both general and professional disciplines. If media competence is taught separately from the students' future profession, its practical significance may remain unclear. Integration ensures relevance and motivation.

Fourth, the educational process should include reflection and feedback. Students need opportunities to evaluate their own media practices, identify mistakes, and improve their strategies of information interaction.

Fifth, attention must be paid to the ethical and cultural dimensions of media use. Professional education should not only teach how to use media, but also how to do so responsibly, respectfully, and lawfully.

Theoretical and methodological model

Based on the analysis, the process of forming media competence in professional education can be represented as a system consisting of the following elements: goal, content, methods, means, pedagogical conditions, and expected outcomes.

The goal is to develop a critically thinking, ethically responsible, and technologically competent future specialist.

The content includes knowledge about media, information analysis, digital communication, media text creation, and professional use of digital platforms.

The methods include project work, problem solving, case analysis, discussions, media workshops, and reflective tasks.

The means consist of digital platforms, educational software, online resources, multimedia tools, and interactive environments.

The expected outcomes are manifested in students' ability to critically analyze information, create meaningful media products, communicate professionally, and use media technologies for educational and occupational purposes.

Conclusion

The formation of media competence in students in professional education is one of the urgent tasks of contemporary pedagogy. In the conditions of digital transformation and the expansion of media influence, future specialists must be prepared not only in professional knowledge and skills but also in their ability to work effectively with information and media resources.

The study has shown that media competence is a complex integrative phenomenon that includes cognitive, analytical, practical, axiological, and creative components. Its development requires a scientifically grounded methodological basis and the implementation of competence-based, activity-based, personality-oriented, and integrative approaches.

The process of forming media competence becomes effective when it is supported by favorable pedagogical conditions: a media-rich educational environment, teacher preparedness, interdisciplinary integration, active teaching methods, and ethical orientation. The systematic introduction of media education into professional training contributes to the development of critical thinking, communication culture, digital skills, and social responsibility.

Therefore, the improvement of theoretical and methodological foundations for developing students' media competence should remain a priority direction in the modernization of professional education. This will help prepare competitive, independent, and socially responsible specialists capable of functioning successfully in the modern information society.

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